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Facial Oils

Face oils that cleanse, moisturise, help acne and more.

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(COVER MEDIA)

If you've experienced the fantastic effects of beauty's new miracle product, hair oil, then you'll be pleased to know that face oil is a similarly effective product for your skin.

A good quality facial oil will do a better job than most cleansers in removing make-up.

They also moisturize the delicate skin on your face better than water-based creams or lotions.

If you've been put off trying facial oils for fear they will make skin shiny and oily then think again, as all kinds of skin type can benefit from them, not just very dry complexions.

The consistency of facial oils means they also deliver active ingredients into your skin in a more effective manner.

Here is a selection of facial oil favorites you might like to try at home.

Gamila Secret Rose Facial Oil is an organic handmade blend of premium Bulgarian rose oils that help skin retain moisture, increase elasticity and boost radiance. When massaged into the face and neck area twice a day the oil helps delay the signs of ageing. This oil can also be used in other ways to the benefit of your beauty routine. Regular users add a drop to their BB Creams for increased moisture, as well as rubbing a small amount through hair for a glorious rose-smelling shine. Neal's Yard Rose Facial Oil also uses the power of nature's miracle in a similar way.

Try applying Darphin's Jasmine Aromatic Care Oil onto slightly moist skin in the evening to awaken to a smoother and more supple complexion the next day. Just one or two drops of the sweet smelling oil applied under a night cream or moisturizer can help reduce unwanted fine lines and wrinkles.

If you suffer from oily skin, break-outs or acne then be brave and try Dr Hauschka's normalising day oil. This smart treatment puts essential oils and vitamins back into the skin that it needs. Most spot solutions strip away all the essential oils from the face, which causes us to produce even more.

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